

Natural medicinal products against menstrual complaints: Yarrow and Shepherd's purse registered with the BfArM

Münster (Germany), 25. September 2018 – Diapharm received registrations for two interesting traditional medicinal products used to treat menstrual complaints. The Federal Institute for Drugs and Medical Devices in Germany, BfArM, registered *Capsella bursa pastoris* (Shepherd's purse) as the first coated tablet *for the reduction of heavy menstrual bleeding in women with regular menstrual cycles*. A film-coated tablet of *Achillea millefolium* (Yarrow) has been newly registered and is used for the *symptomatic treatment of minor spasms associated with menstrual periods from age 12*. "Demand for such natural herbal remedies is constantly increasing," says Nicole Sibbing, Director of Diapharm (www.diapharm.com): "The desire of consumers for 'natural' medicines is a direct reflection of the transformation of society." Instead of marketing the pharmacy-only medicinal products by itself, Diapharm licences the products to pharmaceutical companies in Europe so they can expand their own OTC brands.

"Herbal medications are often a regional tradition," explains Dr Rainer Kolkmann from Diapharm: "Something that has been established in one EU country for decades can be virtually unknown in other countries. We consistently take the opportunity to identify such medicinal products and their potential, register them Europe-wide and introduce them to the market." Diapharm has already managed more than 500 registrations and marketing authorisations in 23 countries.

Along with *Capsella* and *Achillea millefolium*, Diapharm's portfolio includes numerous other dossiers, marketing authorisations and registrations for herbal preparations, which the pharmaceutical service provider licenced to pharmaceutical companies.

Contact: Nicole Sibbing
Tel.: +49 251 60935-517
E-mail: nicole.sibbing@diapharm.com

Contact:
Diapharm
Press Office
Hafenweg 18-20
48155 Münster, Germany

Contact person:
Nicole Sibbing

phone: +49 (0)251 - 60935-517
nicole.sibbing@diapharm.com
www.diapharm.com

Agency contact:
co-operate Wegener & Rieke GmbH
Zumsandstrasse 32
48155 Münster, Germany

Contact person:
Christian Rieke

phone: +49 (0)251 - 3222611
wort@co-operate.net
www.co-operate.net

Press releases and photo material in print quality are available online:
www.diapharm.com/en/company/press/

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Caption (180925_Capsella-Mockup.jpg)

Diapharm offers a herbal medicinal product with Capsella for the reduction of heavy menstrual bleeding for licensing in Germany (mock-up).

Background information: Diapharm GmbH & Co. KG

Diapharm (www.diapharm.com) is a leading global service provider and consulting firm for the consumer healthcare and pharmaceutical industry. Founded in 1988, Diapharm supports clients in the fields of medicinal products, medical devices, food supplements, dietetic foods and cosmetics. Its work focuses on regulatory affairs and marketing authorisation, medical and scientific tasks, quality assurance and consulting. With around 100 employees in Germany, the United Kingdom, Austria and China, Diapharm supports multinational corporations, recent start-ups and medium-sized companies.
